**Earthquake Kit Supplies (Sample)**

*(check/replace starred items once a year)*

**\* Food:**

*(Big blue bin front of garage)*

(6)-5 gallon water jugs

6 cans fruit/applesauce

4 cans vegetables

Pasta/marinara sauce

3 noodle dinner mixes

1 lg pkg cold & hot cereal

2 pkg dehydrated milk

8 big cans soup

sailor crackers

peanut butter

chocolate bars

hot chocolate/tea/coffee

**Emergency Supplies:**

*(Big blue bin front of garage)*

First Aid Manual

Emergency Preparedness Packet

\*Flares

\*Portable Radio & Batteries

\*Flashlight & Batteries

Duct Tape

\*Fire Extinguisher (in car/garage)

Needle & Thread

Paper & Pencil

Work Gloves

Plastic Garbage Bags

\*Toilet Paper

\*Antibacterial Soap

\*Clorox wipes

Bleach

Handiwipes

\*Contact Supplies Exp:6&12/09\_\_\_\_\_\_\_

**First Aid Kit:**

*(EQ kit, cars, hall closet)*

\*Moleskin

\*Bandaids

Compass (hall closet only)

Whistle (hall closet only)

\*Antiseptic Pads

\*Alcohol Pads

\*Neosporin Exp:\_\_\_\_\_\_\_

Tweezers

Scissors

\*Latex Gloves

\*Advil Exp:\_11/09\_

\*Tylenol Exp:4/09

\*Aspirn Exp: \_3/09\_

Sling (hall/EQ kit)

Ace Bandage

\*Benedryl Exp:\_\_3/10\_\_

\*Adhesive Tape

\*Gauze Tape

\*Gauze Pads, multiple sizes

\*Adhesive Pads, multiple sizes

Needles

Safety Pins

\*Tongue Blades

\*Razor Blades

Thermometer (hall/EQ kit)

\*Antacid Exp:\_\_11/09\_\_

\*tampons

Mirror (hall closet only)

\*Kids Advil Exp:\_\_1/09\_\_

\*Kids Tylenol Exp:\_4/08\_

\*Kids Benedryl Exp:\_7/08\_

**Living Supplies:**

*(Big blue bin & rolling cart)*

Coleman Stove & Fuel

Tent, Poles, Drop Cloth

Matches, Lighter

Aluminum Foil

Rope

Utility/Buck Knife

Biosuds

Shovel

Sleeping Bags

Warm Clothes

Hats, Gloves, Coats

Sturdy Boots Rain Gear/Poncho/Umbrella

**Emergency Car Supplies:**

*(bins in car)*

Fire Extinguisher

\*First Aid Kit

Safety Blanket

Matches

Flashlight

Utility Knife

Warm Clothes

Sturdy Shoes

Umbrella/Poncho

Flares

Reflective Triangle

Duct Tape

\*Toilet Paper

Contact Cases

\*Bottle of Water

sailor crackers/peanut butter

# Date Last Changed: 9/07

**Emergency Numbers**:

Seattle City Light:

Shoreline Water:

Puget Sound Energy: 1-888-225-5773

Verizon NW: 1-800-483-1000

Dr. 1: 206-555-1212

Dr. 2: 206-555-1212

Dr. 3: 206-555-1212

Bartells Pharmacy: 425-670-2860

neighbors: 206-555-1212